



# **HIV: WHAT YOU NEED TO KNOW**



**Hello!**

**I Am [name]**

[Job Title and Place of work]



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# Y.O.U.T.H. QUIZ

Youth Overcoming Undetected and Treatable HIV  
Click the quiz graphic at <https://hivcareconnect.com>  
It's easy to find on the home page





# How HIV is Transmitted

- ✓ HIV is transmitted only through certain body fluids from a person who has HIV, who is not virally suppressed, and doesn't use any risk reduction measures.
- ✓ These fluids are blood, semen, pre-seminal fluids, rectal fluids, vaginal fluids, and breast milk.
- ✓ In the United States, HIV is transmitted mainly by having sex or sharing injection drug equipment, such as needles, with someone who has HIV.





# STIGMA

**Myths**, negative attitudes and beliefs about  
people living with HIV that are **untrue**



Peace of Mind:  
Getting tested  
For HIV

# Preventing the Transmission of HIV



**Safe Practices**



**PrEP**



**Treatment as Prevention**





# Treatment

**Get tested**

**Treatment**

**Stay in Care**



## 5 Steps to Successful HIV Treatment

1. **Get tested and diagnosed**
2. **Enroll in Illinois HIV Care Connect**
3. **Get in care and stay in care**
4. **Begin taking anti-HIV medication**
5. **Achieve viral suppression – a low level of HIV in your blood**



Illinois  
**HIV**  
Care Connect  
[hivcareconnect.com](http://hivcareconnect.com)



# Y.O.U.T.H. Quiz

Let's take it again!

Click the quiz graphic at  
<https://hivcareconnect.com>



# Thanks!

Any questions?

# Credits

- Presentation template designed by [Slidesmash](#)
  - Information from CDC, NIH, and Illinois HIV Care Connect
  - Watercolors by [graphicburguer.com](#)
  - Y.O.U.T.H. Quiz illustrations by Anicka Valek
  - Presentation by Genevieve Valek
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